



Kirsten L. Toth

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Personal Statement

An experienced, compassionate social work professional who is highly skilled in establishing rapport with clients and patients, applying appropriate techniques, and assessing psychosocial, behavioral, and psychological aspects of their problems. Seeking a challenging and rewarding social work position where I may continue to contribute relevant experiences and apply my educational background.

Areas of Expertise

General Psychiatric Treatment
Dual Diagnosis Treatment
Individual & Group Therapy
Couples & Family Counseling
Suicide Risk & Evaluation

Crisis Intervention
Women's Trauma/Women's Trauma & Addiction
Eating Disorders
Geriatrics

Education

Master of Social Work (MSW), 1999 – 2001

Rutgers University Graduate School of Social Work, New Brunswick, NJ

Bachelor of Arts (BA) in Psychology, 1997 – 1999

Rutgers University, New Brunswick, NJ

Associate of Arts (AA) in Liberal Arts, 1993 – 1997

Middlesex County College, Edison, NJ

Licensing

Licensed Master Social Worker in the State of New Jersey since 2001 and in the State of Georgia since 2008. Additionally, Continuing Education Units (CEUs) are up-to-date in both GA and NJ.

Experience

Direct Care - Jesse's House "Emergency Children's Shelter" / Cumming, GA

February 2010 – Present

- *Provides constant supervision and support to children/adolescent female residents in a structured environment.*
- *Provides positive direction to assist the residents to meet their Individualized Service Plan (ISP) goals.*
- *Practices and conducts crisis intervention principles.*
- *Maintains daily documentation on all residents in the form of residential shift notes and staff shift notes. Documentation includes: resident's behavior, affect, presenting issues, and concerns, as well as completing a point chart system as a means of behavior management feedback for each resident.*
- *Maintains daily communication with all staff members through written and verbal communication.*
- *Administers medications to residents, and completes appropriate documentation for disbursement.*

Psychiatric Social Worker - Princeton House Behavioral Health/Princeton Healthcare System / Princeton, NJ

October 2001 – March 2007

- *Provided direct practice care to adults in a general psychiatric & dual diagnosis in-patient treatment facility.*
- *Provided direct practice care services in the area of individual, family, and group intervention.*
- *Completed initial psychosocial assessments on newly admitted psychiatric and/or dually diagnosed inpatients.*
- *Provided psycho-education to patients and families.*
- *Facilitated psycho-educational groups to patients and families.*

- *Conducted the family psychiatric program.*
- *Practiced and conducted crisis intervention principles on a daily basis.*
- *Evaluated and documented patient's level of functioning and progress toward attainment of goals.*
- *Evaluated treatment goals and patient's clinical status on an ongoing basis, and documented revisions of goals and/or significant changes in functioning in a timely manner.*
- *Developed comprehensive discharge plans to meet the patient's needs for continuing care.*
- *Participated in daily treatment planning meetings as a member of a multidisciplinary treatment team.*

Art Teacher's Assistant - Benigna Willman Studios / Highland Park, NJ

September 1989 – March 2007

- *Taught art lessons to young children and adults, in drawing, acrylic & oil painting, and pastels.*

Consultant/Group Facilitator - "Project Phoenix" The Families' GOALS Project (Going on After Loss) / Piscataway, NJ
Fall 2002 and Spring 2003

- *Participated with a team of professional educators that provided psycho-educational groups aimed at addressing grieving and traumatic loss to family members of victims lost in the September 11, 2001 terrorist attacks at the World Trade Center.*

Field Work Internship/Social Worker - Robert Wood Johnson University Hospital / New Brunswick, NJ

Sept. 2000 – May 2001

- *Provided supportive counseling and crisis intervention for patients and families.*
- *Provided services to multicultural populations, serving all ages.*
- *Conducted discharge planning and case management.*
- *Referred patients to drug rehab and nursing home facilities.*
- *Conducted clinical intakes and psychosocial assessments.*

Field Work Internship/Social Worker - Roosevelt Care Center / Edison, NJ

Sept. 1999 – May 2000

- *Interacted one-on-one with the residents in a therapeutic manner.*
- *Assisted residents as a resource advocate.*
- *Participated in multidisciplinary team meetings.*
- *Assessed and documented residential issues in process note recordings.*
- *Co-facilitated recreational activities for the residents.*

Mental Health Specialist - UMDNJ-University of Behavioral Health Care / Piscataway, NJ

Nov. 1998 – Aug. 1999

- *Interacted one-on-one with patients in the adult & adolescent inpatient units in a therapeutic manner.*
- *Facilitated group activities for the patients in a milieu setting.*
- *Responsible for taking patients' vital signs.*
- *Assessed and documented patients' behaviors in written chart format.*

Service Learning Internships/Teacher's Assistant - MCEOC Head Start Childcare Services / North Brunswick, NJ

Feb. 1998 – May 1998/Oct. 1998 – Dec. 1998

- *Assisted in teaching children ages three through five in a day care system.*

Computer Skills

Proficient in MS Word, MS Outlook, Thunderbird, Internet Explorer, Firefox and Internet Search.

Professional Affiliation

National Association of Social Workers, Member since December 2000.

References

Available upon request.